

# FOOD ACCESS RESOURCE GUIDE

For links and more information please visit:  
<http://nolafoodpolicy.org/resources-2/food-access-resources>

## CSA AND FARM BOXES

- **Inglewood Farm CSA:** Pay in advance for a season of weekly Thursday deliveries to various locations in New Orleans (and one in Metairie).
- **Grow Dat Youth Farm CSA:** Pay in advance for a season of weekly produce grown right in City Park by local youth and supervisors! Season runs November-June; SNAP recipients eligible for 50% discount and monthly payment option.
- **Local Cooling Farm Hub Delivery:** Order from an e-mail list of options provided by Greater New Orleans, North Shore, and Mississippi growers, pick up at various locations around New Orleans. Deliveries are twice or once a month, and each delivery neighborhood has its own e-mail list.
- **Top Box Foods:** Order from a variety of fresh-food options online and pick up at one of many locations in New Orleans. The Growing Local NOLA Garden Box includes only local items, supporting our producers and food businesses and adding to your healthy lifestyle.

## LOCAL/HEALTHY FOOD RETAILERS

- **New Orleans Food Co-Op:** Local produce and groceries available alongside a variety of groceries, bulk foods, prepared meals, and household items. Also offers local food CSA. 2372 St. Claude Ave, Marigny/7th Ward
- **Made Grocery:** Gourmet market, deli/food counter, and catering company that emphasizes local produce and grocery items. 8201 Oak Street, Riverbend/Uptown
- **Good2Go Healthy Corner Stores:** The New Orleans Healthy Corner Store Collaborative works alongside New Orleans corner store operators to maximize their business sustainability and increase the amount of fresh, healthy food they offer in-store. Check out the growing list of participating stores where you can find fresh foods.
- **BreauxMart:** Locally-owned grocery store with 5 New Orleans area locations. Produce, seafood, and grocery departments include local items.
- **Langenstein's:** The oldest full-service grocery store in New Orleans, still family owned and operated! Prepared foods include traditional New Orleans specialties.
- **Rouses:** A larger chain in the area, with strong ties to the local community and traditions. Local and seasonal produce often available, plus seafood and crawfish.
- **Zara's Lil' Giant Supermarket:** A pocket-sized uptown grocer with a little bit of everything, promising "fresh produce and stocked shelves." 4838 Prytania Street.

## AFFORDABILITY AND ASSISTANCE PROGRAMS

- **Women, Infants and Children (WIC) Offices:** WIC is a Special Supplemental Nutrition Program that provides healthcare and nutrition services for pregnant, breastfeeding, and postpartum women, and infants and children up to 5 years of age.
- **Supplemental Nutrition Assistance Program (SNAP):** The Supplemental Nutrition Assistance Program (SNAP) provides monthly benefits that help eligible low-income households buy the food they need for good health. Click here to find an office near you.
- **Crescent City Farmers Market** provides a range of projects to demonstrate that "Farmers Markets are for everybody." Through Market Match, CCFM meets you halfway by matching up to \$20 of your SNAP purchases per visit with wooden tokens. CCFM provides programs for youth and seniors to enjoy markets at their pace. Everyone is invited to learn cooking tips and smart shopping concepts by visiting the Market Umbrella table at each market.
- **Sankofa Fresh Food Pantry:** Fresh groceries available on Wednesdays and Third Sundays 2:00-5:00pm. Offering SNAP enrollment and renewal assistance on Wednesdays from 10am-12pm. 5029 St. Claude Ave, 9th Ward.
- **Broadmoor Food Pantry:** A Second Harvest Food Bank partner agency. Open Mondays and Wednesdays (see website for current hours). Benefits assistance also available. 2021 South Dupre St, Broadmoor
- **Second Harvest Food Bank:** Second Harvest is the largest charitable anti-hunger network in South Louisiana. They have food warehouse distribution centers in New Orleans and Lafayette as well as mobile food pantries. Second Harvest also offers and after school Kids Cafe and Summer Feeding programs that offer hot meals and healthy snacks when otherwise unavailable.