

DO YOU NEED FOOD ASSISTANCE?



more resources if you have federal assistance

If you receive **SNAP** (Supplemental Nutrition Assistance Program)

Crescent City Farmers Markets

Now offering unlimited SNAP match through March 31, 2021!

Purchase tokens from the Market's Welcome Tent with your Electronic Benefit Transfer card (or EBT).

Shoppers can also pre-order for drive thru, curbside pick up, and even walk up markets through the online ordering platform WhatsGood!

Top Box Foods offers SNAP matching in two ways.

- 1- Purchase a produce box and receive 50% your entire order.
- 2- Get match-for-match dollars to spend on produce when you purchase meat or seafood products.

Weekly Markets Accepting SNAP

Monday

ReFRESH Market
2606 St Louis
3PM-6PM

Tuesday

CCFM Uptown
200 Broadway
8AM-12PM

Thursday

CCFM Midcity
500 N Norman C Francis
3PM-7PM

Friday

CCFM Bucktown
325 Metairie Hammond Hwy
3PM-7PM

Sunday

CCFM Parkway
538 Hagan Ave/ Drivethru
7AM-11AM

If you receive **WIC**

(The Special Supplemental Nutrition Program for Women, Infants, and Children)

Sign up for the Market Mommas Club (a breastfeeding incentive program of Crescent City Farmers Market) and receive \$80 /month for 6 months to redeem at the Crescent City Farmer's Market.

(Must be eligible for Medicaid to qualify.)

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other options if you do not qualify for government assistance

Food Pantries and Free Meals

Orleans Parish

- Call **2-1-1** toll-free to find a food pantry closest to you (Second Harvest Food Bank).

Jefferson Parish

- Call **1-888-524-3578**.

St. Bernard Parish

- www.facebook.com/StBGov

St. Tammany Parish

- Call (985) 893-3003

Sankofa Food Pantry

(5200 Dauphine)

- Mondays and Wednesdays 10am-12pm
- Must be Orleans resident and meet income requirements

Mutual Aid Groups

New Orleans Mutual Aid Society

- Groceries and meals for Midcity residents
- Call or text at 504-535-4652

Culture Aid NOLA

- Visit cultureaidnola.org/get food for up to date information (no ID or paperwork required)

Lower Nine

- Pantry in the Lower 9th Ward
- Call 504-344-4884
- Email laura@lowernine.org

New Orleans Community

Fridges

- A network of "take what you need, leave what you don't" fridges.
- Visit nolacommunityfridges.org for map and more info



READY.NOLA.GOV
@NOLAREADY

OR TEXT COVIDNOLA TO 888-777

Emergency alerts, Covid-19 resources and news, local calendars, disaster relief and assistance, hurricane evacuation plans and more.

DO YOU NEED FOOD ASSISTANCE?

here are some available resources

Seniors

What is the **Senior Farmers Market Nutrition Program?**

- Provides low-income seniors with coupons that can be exchanged for eligible foods
- For more information: www.fns.usda.gov/sfmnp/senior-farmers-market-nutrition-program

What is **LA CSFP?**

- Louisiana Commodity Supplemental Food Program

Who is eligible for LA CSFP?

- Low income seniors (over 60 years of age)
- For more information: ldh.la.gov/index.cfm/page/1506

What is **Meals on Wheels?**

- A network of local home deliveries, meal distribution, and wellness checks serving seniors, particularly those in isolation.

Who is eligible for Meals on Wheels?

- Must be 60 years or older and a resident of Orleans Parish.
- For more information: www.mealsonwheelsamerica.org/find-meals

WIC

What is **WIC?**

- The Special Supplemental Nutrition Program for Women, Infants, and Children

Who is eligible for WIC?

- Women who are pregnant, breastfeeding, or have already delivered.
- Infants and children up to their 5th birthday may also receive benefits

SNAP

What is **SNAP?**

- Supplemental Nutrition Assistance Program, or "food stamps"

Who is eligible for SNAP?

- SNAP qualifications vary widely depending on household. Please visit www.dcfsls.la.gov/getSNAP to see if you are eligible.

Please note: Crescent City Farmers Market offers assistance with signing up for SNAP. Please call 504.861.4485 for more information.